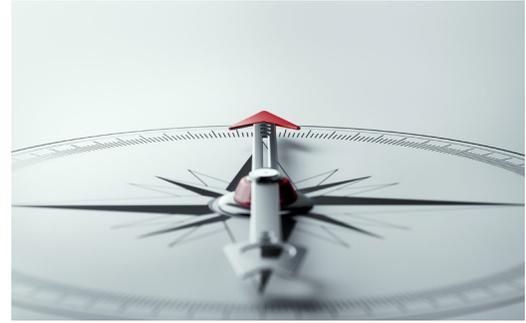


THE HCN COMPASS

SSVF HEALTH CARE NAVIGATOR NEWSLETTER

Q4 OCTOBER 2025 – HCN KATE WILLIAMS



HEALTH CARE NAVIGATION UPDATE FOR FALL!

We're at that "cooler" time of year again, thankfully. It has been a busy quarter for us all. I have had many new referrals, successful graduations, and we have all had those challenges to overcome. With the addition of the Christian Service Center this year, the HCN services have grown to help more veterans. I sincerely appreciate the detailed referrals and understanding on the HCN service waitlist as it appears as necessary.

It is time again for open enrollment for health care. Get ready for all of the commercials. We are all most likely going through that for ourselves through the agencies we work for, but for veterans relying on Medicaid or Medicare and not the VA, it is a very confusing time with all of the impending changes and cuts. Most experts can't predict what will happen due to government changes. I will do my best to support our veterans during this most confusing time.

If your veterans have concerns on Medicaid, applications for Medicaid are made through the Department of Children and Families (DCF). Call the toll-free number [\(866\) 762-2237](tel:8667622237) or visit <http://www.myflorida.com/accessflorida/>. **For those looking for Medicare** (65+ or very specific qualifying health issues), I have recommended www.ehealth.com for free guidance through the best options to fit their needs and budget, as some may qualify for a plan with no premium plus extra benefits. I know most case managers don't work on these topics, but it's a tool to have in your back pocket if asked!

SPOTLIGHT ON GOLF YANKEE SIX

Thanks to HSN, I recently learned of this service for our veterans struggling with mental health issues. For those who don't know "Got Your Six" means I've got your back. This is a non-profit organization offering veterans up to six free sessions with licensed mental health professionals. I wanted to share some information **from their website** for you to pass on to your veterans if needed:



**To SAY and SHOW
"We Golf Yankee Six."**

Golf Yankee Six is a dedicated non-profit helping spread awareness of Veteran's mental health and finding help for Veterans struggling with depression, PTSD, and suicide in Orlando, Florida. We started to encourage, educate, and invest directly into mental health services for our Veterans. Use your voice to start a conversation, create hope, and show your support for our Veterans. If you want to support our mission, you can get involved by following us on Facebook and Instagram, attending our events, buying our American-made merchandise, or sharing resources from our website with a loved one.

Please visit their website to learn more: <https://golfyankeesix.com/>



*"Autumn teaches us the beauty of letting go.
Growth requires release - it's what the trees
do." -Ka'Ala*

CLIENT REFERRAL TO SSVF HEALTH CARE NAVIGATOR

Date:	Referred By (Case Manager):
Program Name: SSVF	Case Manager Phone and Email:

Participant Information:

Name:	Phone Number/Address:
Date of Birth:	HMIS#:

I, _____, authorize SSVF staff to discuss, share, and exchange information with HCCH SSVF Health Care Navigator for the purpose of coordinating and establishing supportive services related to SSVF.

Participant Signature:

a.	Assistance with Healthcare enrollment – VA and/or Community Health	Yes	No
b.	Help gaining access to appointment for medical/mental health	Yes	No
c.	Assistance to develop care priorities based on Veterans desires	Yes	No
d.	Assistance with identifying barriers to health care goals:	Yes	No
1.	Transportation	Yes	No
2.	Too many appointments / times limited	Yes	No
e.	Assistance communication with health care	Yes	No
f.	Assistance ensuring coordination of care	Yes	No
g.	Assistance with education or linkages to learn about wellness related topics	Yes	No

Brief summary of healthcare needs (main concerns for healthcare):

<p>Please e-mail referral to Kate Williams at KOWilliams@obfh.org</p>
